



# Hands On Hands Rehab Center, Inc.

“Comprehensive Upper Extremity Rehabilitation”



## Costa Mesa

1700 Adams Ave, Suite 103  
Costa Mesa, CA 92626  
714-556-2288  
FAX: 714-435-1745

## Huntington Beach

16152 Beach Blvd. Suite 140  
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## Los Alamitos

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## Laguna Hills

24422 Avenida De La Carlota  
Suite 105  
Laguna Hills, CA 92653  
949-470-0021  
FAX: 949-446-8766

Patients' Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Date: \_\_\_\_\_

Diagnosis: \_\_\_\_\_ Onset Date: \_\_\_\_\_ DOS: \_\_\_\_\_

Treatment Diagnosis:  Swelling  Pain  Stiffness  Ms. Weakness  Functional Impairment

### **Treatment**

\_\_\_\_ Evaluation  
\_\_\_\_ Range of Motion  
\_\_\_\_ Strengthening  
\_\_\_\_ Ms. Re-Educ.  
\_\_\_\_ Sensory Re-Educ.  
\_\_\_\_ Desensitization  
\_\_\_\_ Ther. Exercises  
\_\_\_\_ ADL's/Functional Tasks  
\_\_\_\_ Home Exercise Program  
\_\_\_\_ Shoulder Rehab Program

### **Orthotics**

\_\_\_\_ Static \_\_\_\_\_  
\_\_\_\_ Static Progressive \_\_\_\_\_  
\_\_\_\_ Dynamic \_\_\_\_\_  
\_\_\_\_ Serial Casting \_\_\_\_\_  
\_\_\_\_ CPM \_\_\_\_\_  
\_\_\_\_ Neoprene Support \_\_\_\_\_  
\_\_\_\_ DynaSplint/JAS \_\_\_\_\_

### **Edema Control**

\_\_\_\_ Coban Wrap  
\_\_\_\_ Isotoner Glove  
\_\_\_\_ Retrograde Massage

### **Wound Care**

\_\_\_\_ Whirlpool  
\_\_\_\_ Debridement  
\_\_\_\_ Dressing Change

### **Scar Massage**

\_\_\_\_ Silicone Scar Pad

### **Modalities**

\_\_\_\_ Fluidotherapy  
\_\_\_\_ Parafin Dip  
\_\_\_\_ Ultra Sound  
\_\_\_\_ TENS  
\_\_\_\_ Electrical Stim./IFC

Iontophoresis w/ Dexamethasone 0.4% Solution 30 ML \_\_\_\_\_

Frequency & Duration \_\_\_\_\_

Additional Comments: \_\_\_\_\_

Physicians Signature: \_\_\_\_\_ M D

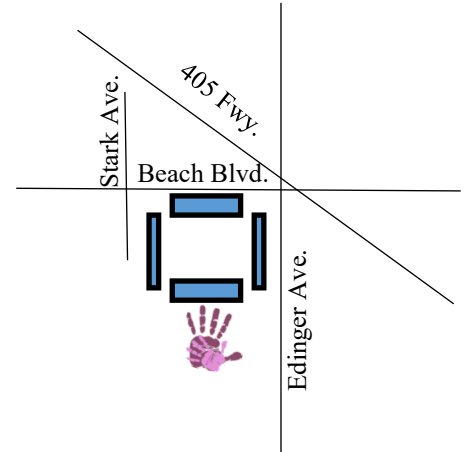
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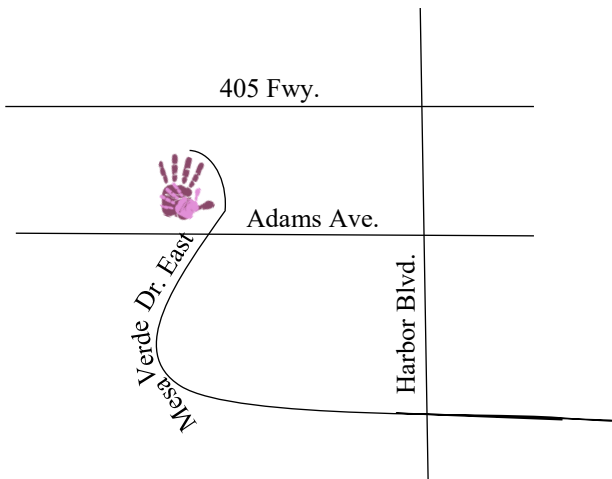
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